

Programmanr. 31  
05-12-2010 - 16:30

Heren, 100m vrije slag

All-In  
Resultaten Finale

Wereld Record	44.94	Amaury Leveaux	Rijeka (CRO)	13-12-2008
Europees Record	44.94	Amaury Leveaux	Rijeka (CRO)	13-12-2008
Nederlands Record Senioren	46.81	Pieter van den Hoogenband	Dublin (IRL)	13-12-2003
Nederlands Record Jeugd	49.13	Pieter van den Hoogenband	Atlanta (USA)	22-07-1996

rang	naam	vereniging	intijd	tijd	RT	niv.	50m	100m	
Finale A									
1.	Stefan de Die	E.ON-NZA	49.46	8603905	<b>48.75</b>	+0,75	A+	23.51	48.75
2.	Pieter Timmers	EIFFEL Swimmers PSV	49.57	8806031	<b>48.76</b>	+0,78	A+	23.74	48.76
3.	Joost Reijns	E.ON-NZA	48.97	8702725	<b>48.87</b>	+0,73	A+	23.13	48.87
4.	Bas van Velthoven	E.ON-NZA	49.21	8502695	<b>49.07</b>	+0,69	A	23.53	49.07
5.	Joran Barends	AZ&PC	49.15	8500091	<b>49.38</b>	+0,73	A	23.57	49.38
6.	Floor Verhaar	DWK	49.30	9004603	<b>49.47</b>	+0,71	A	23.81	49.47
7.	Geert Lantink	AZ&PC	49.93	8601849	<b>49.80</b>	+0,74	B	23.97	49.80
8.	Timon Evenhuis	TriVia	49.60	9000843	<b>50.07</b>	+0,85	B	23.44	50.07
Finale B									
9.	Joost Groeneveld	DWK	50.18	9200409	<b>49.91</b>	+0,70	A	23.92	49.91
10.	Robbert Donk	Wiekslag	50.34	8900745	<b>50.15</b>	+0,63	B	24.19	50.15
11.	Rutger van Oosterhout	EIFFEL Swimmers PSV	50.49	9002179	<b>50.16</b>	+0,69	B	24.23	50.16
12.	Jasper van Mierlo	EIFFEL Swimmers PSV	50.12	9002005	<b>50.17</b>	+0,67	B	23.90	50.17
13.	Dion Dreesens	EIFFEL Swimmers PSV	50.64	9302189	<b>50.47</b>	+0,76	A	24.23	50.47
14.	Toby Aarnoutse	TriVia	51.01	8900007	<b>50.81</b>	+0,76	C	24.42	50.81
15.	Niels van Eck	ZPC Bikkel Hoogeveen	51.28	8900793	<b>50.96</b>	+0,69	C	24.59	50.96
16.	Menno Manning	De Dinkel	51.75	9300333	<b>53.64</b>	+0,84	D	25.43	53.64

Programmanr. 32  
05-12-2010

Dames, 100m vrije slag

All-In  
Resultaten Finale

Wereld Record	51.01	Lisbeth Trickett	Hobart (AUS)	10-08-2009
Europees Record	51.19	Francesca Halsall	Singapore (SIN)	22-11-2009
Nederlands Record Senioren	51.35	Inge Dekker	Istanbul (TUR)	11-12-2009
Nederlands Record Jeugd	55.12	Ranomi Kromowidjojo	Eindhoven	28-04-2006

rang	naam	vereniging	intijd	tijd	RT	niv.	50m	100m
Finale A								
1.	Marleen Veldhuis	EIFFEL Swimmers PSV	54.48 7900894	<b>53.41</b>	+0,74	A+	25.55	53.41
2.	Maud van de Meer	EIFFEL Swimmers PSV	54.41 9201180	<b>54.26</b>	+0,73	A+	26.44	54.26
3.	Ilse Kraayeveld	EIFFEL Swimmers PSV	55.03 9002110	<b>54.38</b>	+0,71	A	26.48	54.38
4.	Rieneke Terink	AZ&PC	55.29 8402424	<b>54.86</b>	+0,80	A	26.12	54.86
5.	Elise Bouwens	E.ON-NZA	55.72 9103964	<b>55.29</b>	+0,83	B	26.79	55.29
6.	Clarissa van Rheenen	EIFFEL Swimmers PSV	55.30 9108270	<b>55.70</b>	+0,69	B	26.88	55.70
7.	Joëlle Scheps	EIFFEL Swimmers PSV	56.68 9202364	<b>55.96</b>	+0,76	B	27.20	55.96
8.	Esmee Vermeulen	E.ON-NZA	56.24 9600678	<b>56.07</b>	+0,77	A+	26.66	56.07
	<i>Nederlands Record 14 jaar</i>							
Finale B								
9.	Manon Minneboo	EIFFEL Swimmers PSV	57.11 9301548	<b>56.82</b>	+0,77	C	27.18	56.82
10.	Jovanna Koens	EIFFEL Swimmers PSV	57.48 9505652	<b>56.94</b>	+0,71	A	27.21	56.94
	Femke Leenstra	Orca	57.21 9503038	<b>56.94</b>	+0,76	A	27.59	56.94
12.	Maartje de Wit	WVZ	57.33 9502362	<b>57.16</b>	+0,74	A	28.08	57.16
13.	Chantal Senden	ZC Valkenburg	57.26 9300698	<b>57.20</b>	+0,90	C	27.47	57.20
14.	Pauline Gouwens	DWK	57.16 8400790	<b>57.41</b>	+0,71	D	27.40	57.41
15.	Lotte Wilms	AZ&PC	57.36 8402770	<b>57.77</b>	+0,82	D	27.69	57.77
16.	Marieke Nijhuis	EIFFEL Swimmers PSV	57.73 9201296	<b>57.85</b>	+0,76	D	28.14	57.85

Programmanr. 33  
05-12-2010

Heren, 100m rugslag

All-In  
Resultaten Finale

Wereld Record	48.94	Nick Thoman	Manchester (GBR)	18-12-2009
Europees Record	48.97	A.Vyatchanin / S.Donets	Istanbul (TUR)	13-12-2009
Nederlands Record Senioren	51.39	Nick Driebergen	Istanbul (TUR)	12-12-2009
Nederlands Record Jeugd	55.29	Joey de Ruiter	Eindhoven	26-04-2009

rang	naam	vereniging	intijd	tijd	RT	niv.	50m	100m
Finale A								
1.	Bastiaan Lijesen	EIFFEL Swimmers PSV	54.22	9001819		A+	25.64	52.67
2.	Jurjen Willemsen	EIFFEL Swimmers PSV	55.28	9003315		A+	25.66	53.15
3.	Sverre Eschweiler	E.ON-NZA	55.67	9204035		A	26.69	54.74
4.	Mike Marissen	AZ&PC	56.28	9202187		B	27.06	55.54
5.	Colm Dowling	Kilkenny SC	56.50	1001672		C	26.55	55.90
6.	Jos de Graaf	DWK	57.91	9106095		D	27.87	57.03
7.	Henk van Niejenhuis	De Dolfijn	57.54	8905063		E	28.05	57.49
8.	Ruben Dekker	De Dolfijn	57.00	9300627		D	28.14	58.39
Finale B								
9.	Pascal Timmermans	RZC	59.51	9202349		E	28.27	58.63
10.	Dennis Cramer	Appingedam	58.80	9200199		E	28.78	58.94
11.	Sven Kardol	Nuenen	59.62	9302135		D	29.00	59.01
12.	Frank van der Wolff	Zwemvereniging Hoorn	59.93	9400955		E	29.30	59.99
13.	Marciano Lynch	AZ&PC	1:00.35	9401893		E	29.81	1:00.91
14.	Istvan Spaargaren	Oceanus	1:01.08	9401199		E	29.44	1:01.22
15.	Bart Arendshorst	De Veene	1:01.43	9300005		E	29.98	1:01.60

Programmanr. 34  
05-12-2010

Dames, 100m rugslag

All-In  
Resultaten Finale

Wereld Record	55.23	Shiho Sakai	Berlijn (GER)	15-11-2009
Europees Record	56.36	Kseniya Moskvina	Istanbul (TUR)	11-12-2009
Nederlands Record Senioren	57.72	Femke Heemskerk	Berlijn (GER)	31-10-2010
Nederlands Record Jeugd	1:01.54	Kira Toussaint	Amsterdam	19-12-2009

rang	naam	vereniging	intijd	tijd	RT	niv.	50m	100m
Finale A								
1.	Wendy vd Zanden	EIFFEL Swimmers PSV	1:02.02	8805004		A+	28.89	59.66
2.	Kira Toussaint	E.ON-NZA	1:01.28	9400990		A+	29.83	1:00.85
3.	Kimberley Albers	EIFFEL Swimmers PSV	1:02.07	9204102		A	30.60	1:01.61
4.	Miranda Nijenhuis	De Columbiaan	1:02.80	9204076		B	30.20	1:02.32
5.	Mariët Koster	ZPC Bikkel Hoogeveen	1:02.55	8301162		B	30.27	1:02.38
6.	Maaïke de Waard	De Zeehond '73	1:02.28	9600604		A+	30.39	1:02.42
7.	Sylvia Dik	TriVia	1:02.54	9501064		A+	30.13	1:02.65
8.	Annemarie Worst	Orca	1:02.36	9500042		A	31.01	1:03.26
Finale B								
9.	Willemijn Knot	De Dolfijn	1:03.01	9002010		B	29.70	1:01.92
10.	Anja van der Hout	De Dolfijn	1:02.90	9001598		C	30.65	1:02.97
11.	Kyra Rietveld	TriVia	1:04.52	9300624		C	31.17	1:03.98
12.	Monique van der Struik	RTC-Drachten	1:03.93	9502502		B	31.72	1:04.31
13.	Mirthe Lanfermeijer	TriVia	1:04.33	9400074		C	31.20	1:04.32
14.	Sharon Gelmers	Octopus	1:04.80	9400416		C	30.69	1:04.38
15.	Annelinde Veldman	Appingedam	1:05.88	9302758		D	31.46	1:05.82
NG.ZA	Malissa van der Horst	Zwemlust-den Hommel	1:06.20	9200810				

Open Nederlands Kampioenschappen korte baan 2010  
Amsterdam, 3. - 5.12.2010

Programmanr. 35 Heren, 50m schoolslag All-In  
05-12-2010 Resultaten Finale

Wereld Record	25.25	Cameron van den Burgh	Berlijn (GER)	14-11-2009
Europees Record	26.14	Alessandro Terrin	Istanbul (TUR)	12-12-2009
Nederlands Record Senioren	26.34	Robin van Aggele	Istanbul (TUR)	11-12-2009
Nederlands Record Jeugd	27.97	Roy Smeenge	Aken (GER)	23-10-2010

rang	naam	vereniging	intijd		tijd	RT	niv.
Finale A							
1.	Lennart Stekelenburg <i>Kampioenschaps Record</i>	E.ON-NZA	27.49	8602979	<b>26.85</b>	+0,68	A+
2.	Timon Evenhuis	TriVia	28.45	9000843	<b>27.69</b>	+0,78	A
3.	Damien Bernard	AZ&PC	28.21	8705177	<b>27.75</b>	+0,67	A
4.	Roy Smeenge <i>Nederlands Record Jeugd, NR 17 jaar</i>	E.ON-NZA	28.07	9305557	<b>27.88</b>	+0,65	A+
5.	Niels van Eck	ZPC Bikkel Hoogeveen	28.58	8900793	<b>28.54</b>	+0,67	C
6.	Aaron Eisank	EIFFEL Swimmers PSV	28.78	9100577	<b>28.58</b>	+0,70	B
7.	Pieter Jan de Vries	AZ&PC	28.74	9003183	<b>28.74</b>	+0,79	C
8.	Rutger Sloof	DWK	28.79	8803141	<b>28.84</b>	+0,76	C
Finale B							
9.	Rudy Ted de Haan	ANKER TEAM GRONINGEN	28.80	8400805	<b>28.18</b>	+0,76	B
10.	Gavin van der Werf	RTC-Drachten	29.06	9302971	<b>28.92</b>	+0,74	B
11.	Jens Bakker	E.ON-NZA	29.09	9300021	<b>29.26</b>	+0,72	C
12.	Thomas Kersten	TriVia	29.56	9001515	<b>29.78</b>	+0,72	E
13.	Jordy Zuidhoek	De Columbiaan	29.97	9201569	<b>30.17</b>	+0,72	E
14.	Jonathan Cassuto	De Columbiaan	30.03	9300729	<b>30.31</b>	+0,80	D
15.	Bas Tietze	WZ&PC Purmerend	29.97	8703351	<b>30.42</b>	+0,74	E
16.	Peter Paul Houtkamp	ZPC Bikkel Hoogeveen	29.98	9300651	<b>30.48</b>	+0,77	D

Programmanr. 36  
05-12-2010

Dames, 50m schoolslag

All-In  
Resultaten Finale

Wereld Record	28.80	Jessica Hardy	Berlijn (GER)	15-11-2009
Europees Record	29.55	Janne Schäfer	Berlijn (GER)	15-11-2009
Nederlands Record Senioren	29.68	Moniek Nijhuis	Istanbul (TUR)	10-12-2009
Nederlands Record Jeugd	31.23	Moniek Nijhuis	Dublin (IRL)	11-12-2003

rang	naam	vereniging	intijd		tijd	RT	niv.
Finale A							
1.	Tessa Brouwer	E.ON-NZA	31.24	9105548	<b>30.97</b>	+0,74	A+
2.	Eline Boers	E.ON-NZA	32.18	9104546	<b>31.36</b>	+0,72	A+
3.	Loes Zanderink	AZ&PC	32.03	8805006	<b>31.72</b>	+0,75	A
4.	Anouk Elzerman	De Dolfijn	32.08	9005914	<b>31.84</b>	+0,77	A
5.	Jocelyn Spruit	EIFFEL Swimmers PSV	32.36	9302044	<b>32.07</b>	+0,79	A
6.	Lieke Verouden	AZ&PC	32.84	9003948	<b>32.21</b>	+0,81	B
7.	Yvonne v.d. Pol	AZ&PC	32.83	8803472	<b>32.44</b>	+0,78	B
8.	Lianne Slagter	Livo	32.97	9500940	<b>33.09</b>	+0,81	A
Finale B							
9.	Tamara van Vliet	E.ON-NZA	33.34	9403562	<b>33.08</b>	+0,78	B
10.	Lonne Dijkhuis	De Dinkel	33.64	9400030	<b>33.31</b>	+0,80	C
11.	Manon Minneboo	EIFFEL Swimmers PSV	33.69	9301548	<b>33.50</b>	+0,77	C
12.	Larissa Brak	AZ&PC	33.42	8800572	<b>33.72</b>	+0,73	D
13.	Kimberly Ribberink	De Dinkel	33.46	9501654	<b>33.80</b>	+0,81	B
14.	Amber Ruig	WZ&PC Purmerend	33.58	9603240	<b>33.95</b>	+0,79	B
15.	Loes Westerhof	De Dinkel	33.56	9502752	<b>34.16</b>	+0,82	C
16.	Irene Teufer	De Dolfijn	33.84	9602340	<b>34.17</b>	+0,72	C

B = inschrijving op basis van ranglijst  
onjuistheden?

mail naar: [nkinschrijvingen@knzb.nl](mailto:nkinschrijvingen@knzb.nl)



Programmanr. 37  
05-12-2010 - 10:35

Dames, 400m wisselslag

Jeugd/Senioren  
Resultaten

Wereld Record	4:21.04	Julia Smit	Manchester (GBR)	18-12-2009
Europees Record	4:24.51	Hannah Miley	Manchester (GBR)	18-12-2009
Nederlands Record Senioren	4:36.91	Rieneke Terink	Amsterdam	20-12-2009
Nederlands Record Jeugd	4:42.72	Sharon van Rouwendaal	Saint Dizier (FRA)	16-11-2008

rang	naam	vereniging	intijd	tijd	RT	niv.
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Jeugd 1 en 2

1.	Esmée Bos	DWK	4:59.52	9600662	<b>4:50.94</b>	+0,87	A+	
	<i>Nederlands Record 14 jaar</i>							
	50m: 31.45	31.45	150m: 1:43.89	36.20	250m: 3:02.54	42.72	350m: 4:18.52	33.94
	100m: 1:07.69	36.24	200m: 2:19.82	35.93	300m: 3:44.58	42.04	400m: 4:50.94	32.42
2.	Cynthia Verkaik	Orca	5:03.86	9601288	<b>5:04.07</b>	+0,74	B	
	50m: 31.64	31.64	150m: 1:48.25	39.48	250m: 3:10.95	43.49	350m: 4:30.29	35.59
	100m: 1:08.77	37.13	200m: 2:27.46	39.21	300m: 3:54.70	43.75	400m: 5:04.07	33.78
3.	Rachelle Visser	AZ&PC	5:02.45	9500106	<b>5:06.21</b>	+0,86	C	
	50m: 30.38	30.38	150m: 1:48.44	40.63	250m: 3:13.54	45.74	350m: 4:32.89	35.65
	100m: 1:07.81	37.43	200m: 2:27.80	39.36	300m: 3:57.24	43.70	400m: 5:06.21	33.32
4.	Anouque Berghuis	De Zijl/LGB	5:15.86	9606132	<b>5:07.89</b>	+0,79	C	
	50m: 31.66	31.66	150m: 1:48.59	39.38	250m: 3:12.05	45.58	350m: 4:33.74	35.12
	100m: 1:09.21	37.55	200m: 2:26.47	37.88	300m: 3:58.62	46.57	400m: 5:07.89	34.15
5.	Shireen Post	AZ&PC	5:10.91	9503286	<b>5:13.51</b>	+0,82	D	
	50m: 32.80	32.80	150m: 1:52.59	41.68	250m: 3:18.21	45.39	350m: 4:39.38	35.18
	100m: 1:10.91	38.11	200m: 2:32.82	40.23	300m: 4:04.20	45.99	400m: 5:13.51	34.13
6.	Kelly Wigleven	Poseidon'56	5:16.40	9500058	<b>5:20.02</b>	+0,85	E	
	50m: 33.41	33.41	150m: 1:54.61	41.96	250m: 3:21.36	46.02	350m: 4:44.57	36.65
	100m: 1:12.65	39.24	200m: 2:35.34	40.73	300m: 4:07.92	46.56	400m: 5:20.02	35.45
7.	Sietske Veldkamp	ZPC De Hof	5:17.85	9501628	<b>5:21.13</b>	+0,96	E	
	<i>50m en 100m*</i>							
	50m: 34.25	34.25	150m: 1:54.15	39.44	250m: 3:19.45	46.23	350m: 4:44.51	37.90
	100m: 1:14.71	40.46	200m: 2:33.22	39.07	300m: 4:06.61	47.16	400m: 5:21.13	36.62
8.	Manon Wiersma	Zwemvereniging Hoorn	5:22.33	9600112	<b>5:27.07</b>	+0,94	E	
	50m: 34.20	34.20	150m: 1:56.97	42.58	250m: 3:24.84	45.37	350m: 4:49.86	38.81
	100m: 1:14.39	40.19	200m: 2:39.47	42.50	300m: 4:11.05	46.21	400m: 5:27.07	37.21
9.	Michelle Hoogendoorn	ZPC De Hof	5:21.70	9503718	<b>5:29.73</b>	+0,96	E	
	50m: 35.90	35.90	150m: 1:58.90	39.36	250m: 3:26.37	48.06	350m: 4:53.61	37.02
	100m: 1:19.54	43.64	200m: 2:38.31	39.41	300m: 4:16.59	50.22	400m: 5:29.73	36.12
NG.ZA	Macy Oortwijn	DWK	5:07.76	9500722				
AFGEM	Janne Hendrickx	EIFFEL Swimmers PSV	5:16.14	9606410				
AFGEM	Rosa Veerman	E.ON-NZA	5:04.66	9600862				
AFGEM	Carien van der Schaaf	De Dinkel	5:17.17	9500168				
AFGEM	Renate Hemmes	RTC-Drachten	5:10.63	9600418				
NG	Jessie Smeding	Orca	5:21.04	9504528				

All-in

1.	Sharon van Rouwendaal	EIFFEL Swimmers PSV	4:43.00	9307422	<b>4:37.45</b>	+0,72	A+	
	<i>Nederlands Record 17 jaar</i>							
	50m: 29.71	29.71	150m: 1:37.00	33.30	250m: 2:51.31	40.91	350m: 4:05.74	32.97
	100m: 1:03.70	33.99	200m: 2:10.40	33.40	300m: 3:32.77	41.46	400m: 4:37.45	31.71
2.	Judith Stap	EIFFEL Swimmers PSV	4:53.06	9302702	<b>4:49.25</b>	+0,74	A	
	50m: 29.93	29.93	150m: 1:42.69	37.98	250m: 3:01.00	41.40	350m: 4:17.21	33.81
	100m: 1:04.71	34.78	200m: 2:19.60	36.91	300m: 3:43.40	42.40	400m: 4:49.25	32.04
3.	Lisa Dreesens	EIFFEL Swimmers PSV	4:57.74	9105798	<b>4:49.50</b>	+0,88	B	
	50m: 30.40	30.40	150m: 1:42.66	38.02	250m: 3:02.13	41.09	350m: 4:17.21	33.04
	100m: 1:04.64	34.24	200m: 2:21.04	38.38	300m: 3:44.17	42.04	400m: 4:49.50	32.29
4.	Joëlle Scheps	EIFFEL Swimmers PSV	4:51.77	9202364	<b>4:50.16</b>	+0,83	B	
	50m: 30.21	30.21	150m: 1:43.18	38.13	250m: 3:02.67	42.17	350m: 4:19.14	33.86
	100m: 1:05.05	34.84	200m: 2:20.50	37.32	300m: 3:45.28	42.61	400m: 4:50.16	31.02
5.	Esmée Bos	DWK	4:59.52	9600662	<b>4:50.94</b>	+0,87	A+	
	<i>Nederlands Record 14 jaar</i>							
	50m: 31.45	31.45	150m: 1:43.89	36.20	250m: 3:02.54	42.72	350m: 4:18.52	33.94
	100m: 1:07.69	36.24	200m: 2:19.82	35.93	300m: 3:44.58	42.04	400m: 4:50.94	32.42

B = inschrijving op basis van ranglijst  
onjuistheden?

mail naar: [nkschrijvingen@knzb.nl](mailto:nkschrijvingen@knzb.nl)

Programmanr. 37, Dames, 400m wisselslag, All-in

rang	naam	vereniging	intijd	tijd	RT	niv.
6.	Marjolein Delno 50m: 31.75 100m: 1:09.06	De Rijn 150m: 1:46.73 200m: 2:23.77	37.67 37.04	5:04.23 9400024 250m: 3:06.84 300m: 3:50.28	43.07 43.44 350m: 4:24.89 400m: 4:57.73	+0,94 B 34.61 32.84
7.	Wendana Poelstra 50m en 100m* 50m: 31.48 100m: 1:07.95	HZ&PC Heerenveen 150m: 1:46.16 200m: 2:23.80	38.21 37.64	5:02.10 9102496 250m: 3:09.01 300m: 3:53.49	45.21 44.48 350m: 4:28.84 400m: 5:03.44	+0,77 D 35.35 34.60
8.	Cynthia Verkaik 50m: 31.64 100m: 1:08.77	Orca 150m: 1:48.25 200m: 2:27.46	39.48 39.21	5:03.86 9601288 250m: 3:10.95 300m: 3:54.70	43.41 43.75 350m: 4:30.29 400m: 5:04.07	+0,74 B 35.59 33.78
9.	Judith van Meijel 50m: 33.04 100m: 1:11.11	HZPC 150m: 1:48.89 200m: 2:26.85	37.78 37.96	5:02.46 9102076 250m: 3:11.21 300m: 3:55.67	44.36 44.46 350m: 4:30.89 400m: 5:04.53	+0,81 D 35.22 33.64
10.	Inge Pepping 50m: 32.25 100m: 1:09.64	De Rijn 150m: 1:49.38 200m: 2:29.68	39.74 40.30	5:07.76 9402308 250m: 3:13.09 300m: 3:57.51	43.41 44.42 350m: 4:32.26 400m: 5:05.85	+0,93 D 34.75 33.59
11.	Rachelle Visser 50m: 30.38 100m: 1:07.81	AZ&PC 150m: 1:48.44 200m: 2:27.80	40.63 39.36	5:02.45 9500106 250m: 3:13.54 300m: 3:57.24	45.74 43.70 350m: 4:32.89 400m: 5:06.21	+0,86 C 35.65 33.32
12.	Anouke Berghuis 50m: 31.66 100m: 1:09.21	De Zijl/LGB 150m: 1:48.59 200m: 2:26.47	39.38 37.88	5:15.86 9606132 250m: 3:12.05 300m: 3:58.62	45.58 46.57 350m: 4:33.74 400m: 5:07.89	+0,79 C 35.12 34.15
13.	Iris van Zuilen 50m: 32.05 100m: 1:09.54	Olympia 150m: 1:49.35 200m: 2:28.96	39.81 39.61	5:10.47 9400216 250m: 3:13.85 300m: 3:58.48	44.89 44.63 350m: 4:33.95 400m: 5:08.76	+0,78 D 35.47 34.81
14.	Michelle Verouden 50m: 33.19 100m: 1:12.62	HZPC 150m: 1:52.82 200m: 2:32.22	40.20 39.40	5:10.01 9400150 250m: 3:16.49 300m: 4:01.54	44.27 45.05 350m: 4:37.81 400m: 5:12.84	+0,93 E 36.27 35.03
15.	Shireen Post 50m: 32.80 100m: 1:10.91	AZ&PC 150m: 1:52.59 200m: 2:32.82	41.68 40.23	5:10.91 9503286 250m: 3:18.21 300m: 4:04.20	45.39 45.99 350m: 4:39.38 400m: 5:13.51	+0,82 D 35.18 34.13
16.	Kelly Wigleven 50m: 33.41 100m: 1:12.65	Poseidon'56 150m: 1:54.61 200m: 2:35.34	41.96 40.73	5:16.40 9500058 250m: 3:21.36 300m: 4:07.92	46.02 46.56 350m: 4:44.57 400m: 5:20.02	+0,85 E 36.65 35.45
17.	Sietske Veldkamp 50m en 100m* 50m: 34.25 100m: 1:14.71	ZPC De Hof 150m: 1:54.15 200m: 2:33.22	39.44 39.07	5:17.85 9501628 250m: 3:19.45 300m: 4:06.61	46.23 47.16 350m: 4:44.51 400m: 5:21.13	+0,96 E 37.90 36.62
18.	Manon Wiersma 50m: 34.20 100m: 1:14.39	Zwemvereniging Hoorn 150m: 1:56.97 200m: 2:39.47	42.58 42.50	5:22.33 9600112 250m: 3:24.84 300m: 4:11.05	45.37 46.21 350m: 4:49.86 400m: 5:27.07	+0,94 E 38.81 37.21
19.	Michelle Hoogendoorn 50m: 35.90 100m: 1:19.54	ZPC De Hof 150m: 1:58.90 200m: 2:38.31	39.36 39.41	5:21.70 9503718 250m: 3:26.37 300m: 4:16.59	48.06 50.22 350m: 4:53.61 400m: 5:29.73	+0,96 E 37.02 36.12
DIS	Merle Verkijk <i>SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.</i> 50m: 31.15 100m: 1:06.74	WVZ 150m: 1:45.31 200m: 2:23.85	38.57 38.54	5:02.27 9400278 250m: 3:09.88 300m: 3:56.59	46.03 46.71 350m: 4:32.17 400m: 5:06.57	+0,78 D 35.58 34.40
NG.ZA	Lieke Verouden	AZ&PC		4:39.05	9003948	
NG.ZA	Macy Oortwijn	DWK		5:07.76	9500722	
AFGEM	Janne Hendrickx	EIFFEL Swimmers PSV		5:16.14	9606410	
AFGEM	Rosa Veerman	E.ON-NZA		5:04.66	9600862	
AFGEM	Carien van der Schaaf	De Dinkel		5:17.17	9500168	
AFGEM	Renate Hemmes	RTC-Drachten		5:10.63	9600418	
NG	Jessie Smeding	Orca		5:21.04	9504528	



Programmanr. 38  
05-12-2010

Heren, 50m vlinderslag

All-In  
Resultaten Finale

Wereld Record	21.80	Steffen Deibler	Berlijn (GER)	14-11-2009
Europees Record	21.80	Steffen Deibler	Berlijn (GER)	14-11-2009
Nederlands Record Senioren	22.74	Bastiaan Tamminga	Istanbul (TUR)	13-12-2009
Nederlands Record Jeugd	24.71	Pieter van den Hoogenband	Dordrecht	23-03-1996

rang	naam	vereniging	intijd		tijd	RT	niv.
Finale A							
1.	Joeri Verlinden	E.ON-NZA	24.23	8803549	<b>23.41</b>	+0,70	A+
2.	Tim van Deutekom	E.ON-NZA	23.98	9100459	<b>24.03</b>	+0,69	A
3.	Damien Bernard	AZ&PC	24.58	8705177	<b>24.17</b>	+0,67	B
4.	Floor Verhaar	DWK	24.30	9004603	<b>24.30</b>	+0,74	B
5.	Rudy Ted de Haan	ANKER TEAM GRONINGEN	24.73	8400805	<b>24.71</b>	+0,75	C
6.	Jeroen Stuut	TriVia	25.05	8803315	<b>24.86</b>	+0,76	D
7.	Joost Groeneveld	DWK	25.22	9200409	<b>24.99</b>	+0,70	C
8.	Arjan van der Plaats	MNC Dordrecht	25.10	8602403	<b>25.19</b>	+0,75	D
Finale B							
9.	Fabian Beimin	OZ&PC	25.39	9100087	<b>25.31</b>	+0,68	D
10.	Bernd Kobesen	TriVia	25.33	9300981	<b>25.55</b>	+0,71	C
11.	Jens Bakker	E.ON-NZA	25.51	9300021	<b>25.63</b>	+0,71	C
12.	Bas Krafft	Aqua-Novio'94	26.15	9303195	<b>26.03</b>	+0,75	D
13.	Menno Manning	De Dinkel	25.45	9300333	<b>26.09</b>	+0,72	D
14.	Ramon Fredrik	Orca	26.24	9403933	<b>26.13</b>	+0,67	D
15.	Marciano Lynch	AZ&PC	25.98	9401893	<b>26.19</b>	+0,66	D
16.	Walter Jansen	Noordwijkerhout	26.15	9300225	<b>26.21</b>	+0,67	D
NG.ZA	Geert Lantink	AZ&PC	25.34	8601849			

Programmanr. 39  
05-12-2010

Dames, 50m vlinderslag

All-In  
Resultaten Finale

Wereld Record	24.38	Therese Alshammar	Singapore (SIN)	22-11-2009
Europees Record	24.38	Therese Alshammar	Singapore (SIN)	22-11-2009
Nederlands Record Senioren	25.00	Inge Dekker/Hinkelien Schreuder	Istanbul (TUR)	11-12-2009
Nederlands Record Jeugd	27.48	Ranomi Kromowidjojo	Palma de Mallorca (ESP)	07-07-2006

rang	naam	vereniging	intijd		tijd	RT	niv.
Finale A							
1.	Marleen Veldhuis	EIFFEL Swimmers PSV	26.60	7900894	<b>26.01</b>	+0,73	A+
2.	Lotte Goosen	DIO	27.49	9205306	<b>26.99</b>	+0,70	A
3.	Willemijn Knot	De Dolfijn	27.59	9002010	<b>27.10</b>	+0,70	A
4.	Lenneke van Schaik	EIFFEL Swimmers PSV	27.84	8603124	<b>27.42</b>	+0,79	B
5.	Parand Zarekiani	E.ON-NZA	27.93	9402150	<b>27.47</b>	+0,81	A+
6.	Elise Bouwens	E.ON-NZA	27.58	9103964	<b>27.65</b>	+0,83	C
7.	Anja van der Hout	De Dolfijn	27.88	9001598	<b>27.75</b>	+0,65	C
8.	Kira Toussaint	E.ON-NZA	27.85	9400990	<b>28.10</b>	+0,71	B
Finale B							
9.	Elinore de Jong	De Otters Het Gooi	28.08	8902072	<b>27.58</b>	+0,80	C
10.	Kelly de Jong	AZ&PC	27.93	9101474	<b>28.18</b>	+0,74	D
11.	Femke Remmits	One Team Swimming	28.67	9603692	<b>28.39</b>	+0,71	A
12.	Manon Minneboo	EIFFEL Swimmers PSV	29.10	9301548	<b>28.69</b>	+0,73	D
13.	Bente van Bergen	Zeester-Meerval	29.51	9600336	<b>29.13</b>	+0,60	C
14.	Marjolein Delno	De Rijn	29.24	9400024	<b>29.34</b>	+0,85	D
NG.ZA	Lianne Molkenboer	EZC	29.73	9602034			
NG	Macy Oortwijn	DWK	29.52	9500722			

Programmanr. 40  
05-12-2010 - 11:22

Heren, 1500m vrije slag

Jeugd/Senioren  
Resultaten

Wereld Record	14:10.10	Grant Hackett	Perth (AUS)	07-08-2001
Europees Record	14:16.13	Yuri Prilukov	Helsinki (FIN)	09-12-2006
Nederlands Record Senioren	14:40.11	Job Kienhuis	Berlijn (GER)	31-10-2010
Nederlands Record Jeugd	15:22.77	Sebastian Verschuren	Amsterdam	18-12-2005

rang naam vereniging intijd tijd RT niv.

Jeugd 1 en 2

<b>1. Niek Pereboom</b>	<b>WWZ</b>	<b>16:25.63</b>	<b>9305395</b>	<b>16:01.88</b>	<b>+0,82</b>	<b>C</b>	
50m: 28.04	28.04	450m: 4:40.52	31.60	850m: 8:58.72	32.30	1250m: 13:20.89	32.81
100m: 59.45	31.41	500m: 5:12.35	31.83	900m: 9:31.28	32.56	1300m: 13:53.78	32.89
150m: 1:30.97	31.52	550m: 5:44.30	31.95	950m: 10:04.17	32.89	1350m: 14:26.84	33.06
200m: 2:02.42	31.45	600m: 6:16.30	32.00	1000m: 10:36.70	32.53	1400m: 14:59.32	32.48
250m: 2:33.97	31.55	650m: 6:48.54	32.24	1050m: 11:09.41	32.71	1450m: 15:32.34	33.02
300m: 3:05.69	31.72	700m: 7:20.99	32.45	1100m: 11:42.02	32.61	1500m: 16:01.88	29.54
350m: 3:37.37	31.68	750m: 7:53.42	32.43	1150m: 12:14.94	32.92		
400m: 4:08.92	31.55	800m: 8:26.42	33.00	1200m: 12:48.08	33.14		
<b>2. Marcel Schouten</b>	<b>ZV Haerlem</b>	<b>16:40.13</b>	<b>9300653</b>	<b>16:10.16</b>	<b>+0,77</b>	<b>C</b>	
50m: 28.06	28.06	450m: 4:43.12	32.34	850m: 9:03.19	32.63	1250m: 13:26.42	32.83
100m: 58.96	30.90	500m: 5:15.25	32.13	900m: 9:36.05	32.86	1300m: 13:59.42	33.00
150m: 1:30.70	31.74	550m: 5:47.53	32.28	950m: 10:08.75	32.70	1350m: 14:32.39	32.97
200m: 2:02.40	31.70	600m: 6:19.75	32.22	1000m: 10:41.71	32.96	1400m: 15:05.25	32.86
250m: 2:34.44	32.04	650m: 6:52.52	32.77	1050m: 11:14.74	33.03	1450m: 15:38.13	32.88
300m: 3:06.51	32.07	700m: 7:25.08	32.56	1100m: 11:47.62	32.88	1500m: 16:10.16	32.03
350m: 3:38.55	32.04	750m: 7:57.81	32.73	1150m: 12:20.65	33.03		
400m: 4:10.78	32.23	800m: 8:30.56	32.75	1200m: 12:53.59	32.94		
<b>3. Jens Bakker</b>	<b>E.ON-NZA</b>	<b>16:38.72</b>	<b>9300021</b>	<b>16:16.87</b>	<b>+0,79</b>	<b>C</b>	
50m: 29.02	29.02	450m: 4:46.04	32.59	850m: 9:09.30	32.79	1250m: 13:32.82	32.78
100m: 1:00.21	31.19	500m: 5:18.93	32.89	900m: 9:42.06	32.76	1300m: 14:05.59	32.77
150m: 1:31.96	31.75	550m: 5:51.83	32.90	950m: 10:14.74	32.68	1350m: 14:38.48	32.89
200m: 2:04.02	32.06	600m: 6:24.35	32.52	1000m: 10:47.76	33.02	1400m: 15:11.68	33.20
250m: 2:36.15	32.13	650m: 6:57.29	32.94	1050m: 11:20.91	33.15	1450m: 15:44.86	33.18
300m: 3:08.31	32.16	700m: 7:30.74	33.45	1100m: 11:54.15	33.24	1500m: 16:16.87	32.01
350m: 3:40.78	32.47	750m: 8:03.85	33.11	1150m: 12:27.14	32.99		
400m: 4:13.45	32.67	800m: 8:36.51	32.66	1200m: 13:00.04	32.90		
<b>4. Lester Snackers</b>	<b>ZC Valkenburg</b>	<b>16:33.82</b>	<b>9400947</b>	<b>16:20.44</b>	<b>+0,80</b>	<b>C</b>	
50m: 27.86	27.86	450m: 4:45.75	32.34	850m: 9:08.34	32.99	1250m: 13:33.06	33.56
100m: 58.94	31.08	500m: 5:18.41	32.66	900m: 9:41.17	32.83	1300m: 14:06.63	33.57
150m: 1:31.04	32.10	550m: 5:51.18	32.77	950m: 10:14.05	32.88	1350m: 14:40.11	33.48
200m: 2:03.55	32.51	600m: 6:23.93	32.75	1000m: 10:47.14	33.09	1400m: 15:13.90	33.79
250m: 2:35.90	32.35	650m: 6:56.69	32.76	1050m: 11:19.88	32.74	1450m: 15:47.62	33.72
300m: 3:08.28	32.38	700m: 7:29.28	32.59	1100m: 11:52.92	33.04	1500m: 16:20.44	32.82
350m: 3:40.82	32.54	750m: 8:02.09	32.81	1150m: 12:26.10	33.18		
400m: 4:13.41	32.59	800m: 8:35.35	33.26	1200m: 12:59.50	33.40		
<b>5. Vincent Moolhuijsen</b>	<b>Oceanus</b>	<b>16:40.92</b>	<b>9401215</b>	<b>16:22.47</b>	<b>+0,80</b>	<b>C</b>	
50m: 28.70	28.70	450m: 4:47.10	32.72	850m: 9:10.56	32.87	1250m: 13:36.57	33.29
100m: 1:00.26	31.56	500m: 5:19.96	32.86	900m: 9:43.60	33.04	1300m: 14:09.92	33.35
150m: 1:32.41	32.15	550m: 5:52.82	32.86	950m: 10:16.72	33.12	1350m: 14:43.11	33.19
200m: 2:04.55	32.14	600m: 6:25.73	32.91	1000m: 10:49.99	33.27	1400m: 15:16.40	33.29
250m: 2:36.97	32.42	650m: 6:58.71	32.98	1050m: 11:23.22	33.23	1450m: 15:49.50	33.10
300m: 3:09.12	32.15	700m: 7:31.93	33.22	1100m: 11:56.57	33.35	1500m: 16:22.47	32.97
350m: 3:41.58	32.46	750m: 8:04.74	32.81	1150m: 12:29.81	33.24		
400m: 4:14.38	32.80	800m: 8:37.69	32.95	1200m: 13:03.28	33.47		
<b>6. Bart Dunweg</b>	<b>ZVVS</b>	<b>16:39.59</b>	<b>9301763</b>	<b>16:33.10</b>	<b>+0,75</b>	<b>D</b>	
50m: 29.22	29.22	450m: 4:54.15	33.83	850m: 9:24.69	32.35	1250m: 13:50.03	32.91
100m: 1:01.17	31.95	500m: 5:27.78	33.63	900m: 9:58.10	33.41	1300m: 14:22.80	32.77
150m: 1:34.49	33.32	550m: 6:01.53	33.75	950m: 10:31.23	33.13	1350m: 14:55.93	33.13
200m: 2:07.29	32.80	600m: 6:35.67	34.14	1000m: 11:04.72	33.49	1400m: 15:29.19	33.26
250m: 2:40.24	32.95	650m: 7:10.16	34.49	1050m: 11:38.42	33.70	1450m: 16:02.04	32.85
300m: 3:13.49	33.25	700m: 7:44.63	34.47	1100m: 12:11.27	32.85	1500m: 16:33.10	31.06
350m: 3:47.08	33.59	750m: 8:18.62	33.99	1150m: 12:44.04	32.77		
400m: 4:20.32	33.24	800m: 8:52.34	33.72	1200m: 13:17.12	33.08		
<b>7. Ensger Kotterink</b>	<b>Racing Club</b>	<b>16:49.61</b>	<b>9403391</b>	<b>16:37.08</b>	<b>+0,73</b>	<b>D</b>	
50m: 29.00	29.00	450m: 4:53.89	32.98	850m: 9:20.10	33.20	1250m: 13:49.68	33.58
100m: 1:01.06	32.06	500m: 5:27.28	33.39	900m: 9:53.92	33.82	1300m: 14:23.53	33.85
150m: 1:34.20	33.14	550m: 6:00.70	33.42	950m: 10:27.04	33.12	1350m: 14:57.46	33.93
200m: 2:07.68	33.48	600m: 6:33.66	32.96	1000m: 11:00.78	33.74	1400m: 15:31.57	34.11
250m: 2:40.98	33.30	650m: 7:06.80	33.14	1050m: 11:34.39	33.61	1450m: 16:04.83	33.26
300m: 3:14.31	33.33	700m: 7:39.99	33.19	1100m: 12:08.38	33.99	1500m: 16:37.08	32.25
350m: 3:47.40	33.09	750m: 8:13.37	33.38	1150m: 12:42.09	33.71		
400m: 4:20.91	33.51	800m: 8:46.90	33.53	1200m: 13:16.10	34.01		

B = inschrijving op basis van ranglijst  
onjuistheden?

mail naar: [nkschrijvingen@knzb.nl](mailto:nkschrijvingen@knzb.nl)

## Programmanr. 40, Jongens, 1500m vrije slag, Jeugd 1 en 2

rang	naam	vereniging	intijd	tijd	RT	niv.		
8.	Ruben Klinkers	Hellas-Glana	16:40.20	9403511	16:51.72	+0,73 E		
	50m: 29.06	29.06	450m: 4:52.80	33.65	850m: 9:25.79	34.27	1250m: 14:00.34	34.37
	100m: 1:01.01	31.95	500m: 5:26.74	33.94	900m: 10:00.21	34.42	1300m: 14:34.91	34.57
	150m: 1:33.74	32.73	550m: 6:00.46	33.72	950m: 10:34.75	34.54	1350m: 15:09.95	35.04
	200m: 2:06.62	32.88	600m: 6:34.50	34.04	1000m: 11:08.78	34.03	1400m: 15:44.60	34.65
	250m: 2:39.47	32.85	650m: 7:08.59	34.09	1050m: 11:42.93	34.15	1450m: 16:19.15	34.55
	300m: 3:12.50	33.03	700m: 7:42.87	34.28	1100m: 12:17.05	34.12	1500m: 16:51.72	32.57
	350m: 3:45.81	33.31	750m: 8:17.23	34.36	1150m: 12:51.36	34.31		
	400m: 4:19.15	33.34	800m: 8:51.52	34.29	1200m: 13:25.97	34.61		
9.	Jacco Doest	DWK	17:34.01	9400711	16:54.07	+0,92 E		
	50m: 28.84	28.84	450m: 4:56.61	33.74	850m: 9:30.92	33.97	1250m: 14:06.54	34.90
	100m: 1:01.85	33.01	500m: 5:30.74	34.13	900m: 10:04.84	33.92	1300m: 14:42.36	35.82
	150m: 1:35.16	33.31	550m: 6:05.04	34.30	950m: 10:39.05	34.21	1350m: 15:15.28	32.92
	200m: 2:08.96	33.80	600m: 6:39.04	34.00	1000m: 11:13.08	34.03	1400m: 15:49.21	33.93
	250m: 2:42.69	33.73	650m: 7:13.14	34.10	1050m: 11:47.59	34.51	1450m: 16:23.32	34.11
	300m: 3:15.84	33.15	700m: 7:47.75	34.61	1100m: 12:22.26	34.67	1500m: 16:54.07	30.75
	350m: 3:49.34	33.50	750m: 8:22.60	34.85	1150m: 12:57.04	34.78		
	400m: 4:22.87	33.53	800m: 8:56.95	34.35	1200m: 13:31.64	34.60		
10.	Giovanni den Ouden	De Devel	16:57.98	9300877	16:54.68	+0,80 E		
	50m: 29.05	29.05	450m: 4:57.33	33.47	850m: 9:30.42	33.59	1250m: 14:06.94	34.25
	100m: 1:01.36	32.31	500m: 5:31.47	34.14	900m: 10:04.99	34.57	1300m: 14:41.51	34.57
	150m: 1:34.60	33.24	550m: 6:05.62	34.15	950m: 10:39.75	34.76	1350m: 15:16.13	34.62
	200m: 2:08.18	33.58	600m: 6:40.28	34.66	1000m: 11:14.58	34.83	1400m: 15:50.42	34.29
	250m: 2:41.77	33.59	650m: 7:14.72	34.44	1050m: 11:48.67	34.09	1450m: 16:23.60	33.18
	300m: 3:15.88	34.11	700m: 7:49.18	34.46	1100m: 12:23.62	34.95	1500m: 16:54.68	31.08
	350m: 3:49.82	33.94	750m: 8:22.76	33.58	1150m: 12:58.12	34.50		
	400m: 4:23.86	34.04	800m: 8:56.83	34.07	1200m: 13:32.69	34.57		
11.	Willem Kees Roos	Orca	16:35.56	9402693	17:02.57	+0,86 E		
	50m: 28.81	28.81	450m: 4:54.91	34.33	850m: 9:30.20	34.40	1250m: 14:09.99	35.03
	100m: 1:00.32	31.51	500m: 5:29.47	34.56	900m: 10:05.04	34.84	1300m: 14:45.01	35.02
	150m: 1:32.87	32.55	550m: 6:03.72	34.25	950m: 10:39.88	34.84	1350m: 15:20.38	35.37
	200m: 2:06.08	33.21	600m: 6:37.97	34.25	1000m: 11:15.09	35.21	1400m: 15:55.27	34.89
	250m: 2:39.85	33.77	650m: 7:13.04	35.07	1050m: 11:50.01	34.92	1450m: 16:29.18	33.91
	300m: 3:13.25	33.40	700m: 7:46.92	33.88	1100m: 12:24.89	34.88	1500m: 17:02.57	33.39
	350m: 3:46.77	33.52	750m: 8:21.25	34.33	1150m: 12:59.74	34.85		
	400m: 4:20.58	33.81	800m: 8:55.80	34.55	1200m: 13:34.96	35.22		
12.	Date v.d. Zaag	EIFFEL Swimmers PSV	16:35.95	9403919	17:06.95	+0,78 E		
	50m: 30.04	30.04	450m: 4:55.06	33.50	850m: 9:30.37	35.21	1250m: 14:12.92	35.48
	100m: 1:02.74	32.70	500m: 5:28.56	33.50	900m: 10:05.15	34.78	1300m: 14:48.14	35.22
	150m: 1:35.54	32.80	550m: 6:02.61	34.05	950m: 10:40.66	35.51	1350m: 15:23.50	35.36
	200m: 2:08.54	33.00	600m: 6:36.79	34.18	1000m: 11:15.87	35.21	1400m: 15:58.45	34.95
	250m: 2:41.81	33.27	650m: 7:10.99	34.20	1050m: 11:51.52	35.65	1450m: 16:33.19	34.74
	300m: 3:14.89	33.08	700m: 7:45.52	34.53	1100m: 12:26.69	35.17	1500m: 17:06.95	33.76
	350m: 3:48.19	33.30	750m: 8:20.30	34.78	1150m: 13:01.99	35.30		
	400m: 4:21.56	33.37	800m: 8:55.16	34.86	1200m: 13:37.44	35.45		
13.	Pim Kienhuis	De Dinkel	17:13.80	9300263	17:07.86	+0,72 E		
	50m: 28.75	28.75	450m: 4:58.03	33.83	850m: 9:31.82	34.77	1250m: 14:11.99	35.96
	100m: 1:01.31	32.56	500m: 5:32.37	34.34	900m: 10:06.67	34.85	1300m: 14:47.17	35.18
	150m: 1:34.78	33.47	550m: 6:06.52	34.15	950m: 10:42.03	35.36	1350m: 15:21.81	34.64
	200m: 2:08.43	33.65	600m: 6:40.85	34.33	1000m: 11:17.79	35.76	1400m: 15:57.60	35.79
	250m: 2:41.77	33.34	650m: 7:14.38	33.53	1050m: 11:51.23	33.44	1450m: 16:33.71	36.11
	300m: 3:15.96	34.19	700m: 7:48.13	33.75	1100m: 12:25.40	34.17	1500m: 17:07.86	34.15
	350m: 3:50.12	34.16	750m: 8:22.54	34.41	1150m: 13:00.67	35.27		
	400m: 4:24.20	34.08	800m: 8:57.05	34.51	1200m: 13:36.03	35.36		
14.	Sonny Corré	Luctor et Emergo	16:41.21	9303615	17:25.25	+0,86		
	50m: 28.80	28.80	450m: 4:53.41	34.44	850m: 9:35.28	35.91	1250m: 14:26.75	36.32
	100m: 1:00.35	31.55	500m: 5:27.82	34.41	900m: 10:11.35	36.07	1300m: 15:03.03	36.28
	150m: 1:32.53	32.18	550m: 6:02.58	34.76	950m: 10:47.93	36.58	1350m: 15:39.20	36.17
	200m: 2:05.03	32.50	600m: 6:37.36	34.78	1000m: 11:24.31	36.38	1400m: 16:15.59	36.39
	250m: 2:37.70	32.67	650m: 7:12.30	34.94	1050m: 12:00.72	36.41	1450m: 16:50.87	35.28
	300m: 3:11.39	33.69	700m: 7:47.67	35.37	1100m: 12:36.47	35.75	1500m: 17:25.25	34.38
	350m: 3:45.11	33.72	750m: 8:23.34	35.67	1150m: 13:14.17	37.70		
	400m: 4:18.97	33.86	800m: 8:59.37	36.03	1200m: 13:50.43	36.26		
15.	Huib van Houwelingen	AZ&PC	17:26.32	9406019	17:47.42	+0,69		
	50m: 28.11	28.11	450m: 5:06.32	36.06	850m: 9:57.22	36.68	1250m: 14:47.12	36.38
	100m: 1:00.70	32.59	500m: 5:42.55	36.23	900m: 10:32.98	35.76	1300m: 15:23.92	36.80
	150m: 1:34.45	33.75	550m: 6:18.21	35.66	950m: 11:09.57	36.59	1350m: 16:00.69	36.77
	200m: 2:09.08	34.63	600m: 6:54.51	36.30	1000m: 11:45.74	36.17	1400m: 16:36.53	35.84
	250m: 2:43.78	34.70	650m: 7:31.31	36.80	1050m: 12:21.95	36.21	1450m: 17:12.45	35.92
	300m: 3:18.95	35.17	700m: 8:07.90	36.59	1100m: 12:57.71	35.76	1500m: 17:47.42	34.97
	350m: 3:54.57	35.62	750m: 8:43.77	35.87	1150m: 13:34.00	36.29		
	400m: 4:30.26	35.69	800m: 9:20.54	36.77	1200m: 14:10.74	36.74		

## Programmanr. 40, Heren, 1500m vrije slag

## All-in

1. Job Kienhuis			EIFFEL Swimmers PSV		14:40.11		8901631		14:49.49 +0,86 A+		
50m:	26.94	26.94	450m:	4:24.43	29.97	850m:	8:22.93	29.77	1250m:	12:20.56	31.13
100m:	55.89	28.95	500m:	4:54.46	30.03	900m:	8:52.69	29.76	1300m:	12:50.43	29.87
150m:	1:25.29	29.40	550m:	5:24.34	29.88	950m:	9:22.47	29.78	1350m:	13:20.30	29.87
200m:	1:54.96	29.67	600m:	5:54.03	29.69	1000m:	9:52.15	29.68	1400m:	13:50.33	30.03
250m:	2:24.58	29.62	650m:	6:23.83	29.80	1050m:	10:21.83	29.68	1450m:	14:20.17	29.84
300m:	2:54.58	30.00	700m:	6:53.49	29.66	1100m:	10:51.52	29.69	1500m:	14:49.49	29.32
350m:	3:24.43	29.85	750m:	7:23.35	29.86	1150m:	11:21.09	29.57			
400m:	3:54.46	30.03	800m:	7:53.16	29.81	1200m:	11:50.89	29.80			
2. Arjen van der Meulen			EIFFEL Swimmers PSV		15:14.74		8702223		15:06.96 +0,82 A+		
50m:	27.44	27.44	450m:	4:24.92	30.17	850m:	8:29.10	30.22	1250m:	12:36.31	31.13
100m:	56.70	29.26	500m:	4:55.01	30.09	900m:	9:00.01	30.91	1300m:	13:07.16	30.85
150m:	1:26.45	29.75	550m:	5:25.48	30.47	950m:	9:30.70	30.69	1350m:	13:38.54	31.38
200m:	1:56.22	29.77	600m:	5:55.95	30.47	1000m:	10:01.54	30.84	1400m:	14:09.25	30.71
250m:	2:25.63	29.41	650m:	6:26.79	30.84	1050m:	10:32.36	30.82	1450m:	14:39.62	30.37
300m:	2:54.83	29.20	700m:	6:57.38	30.59	1100m:	11:03.36	31.00	1500m:	15:06.96	27.34
350m:	3:24.56	29.73	750m:	7:27.79	30.41	1150m:	11:34.09	30.73			
400m:	3:54.75	30.19	800m:	7:58.88	31.09	1200m:	12:05.18	31.09			
3. Ferry Weertman			EIFFEL Swimmers PSV		15:45.18		9201461		15:37.51 +0,88 B		
50m:	27.63	27.63	450m:	4:32.53	30.83	850m:	8:45.10	32.02	1250m:	13:00.98	31.96
100m:	57.77	30.14	500m:	5:03.71	31.18	900m:	9:17.15	32.05	1300m:	13:32.92	31.94
150m:	1:28.53	30.76	550m:	5:35.10	31.39	950m:	9:49.29	32.14	1350m:	14:04.64	31.72
200m:	1:59.44	30.91	600m:	6:06.33	31.23	1000m:	10:21.26	31.97	1400m:	14:36.52	31.88
250m:	2:29.63	30.19	650m:	6:37.83	31.50	1050m:	10:53.26	32.00	1450m:	15:07.92	31.40
300m:	3:00.24	30.61	700m:	7:09.33	31.50	1100m:	11:25.53	32.27	1500m:	15:37.51	29.59
350m:	3:30.85	30.61	750m:	7:41.21	31.88	1150m:	11:57.40	31.87			
400m:	4:01.70	30.85	800m:	8:13.08	31.87	1200m:	12:29.02	31.62			
4. Davy Verreussel			Hellas-Glana		15:48.35		8903341		15:38.79 +0,84 C		
50m:	27.02	27.02	450m:	4:37.26	31.77	850m:	8:50.32	31.79	1250m:	13:03.28	31.65
100m:	57.60	30.58	500m:	5:08.86	31.60	900m:	9:22.06	31.74	1300m:	13:34.90	31.62
150m:	1:28.81	31.21	550m:	5:40.32	31.46	950m:	9:52.72	30.66	1350m:	14:06.31	31.41
200m:	2:00.17	31.36	600m:	6:11.97	31.65	1000m:	10:24.75	32.03	1400m:	14:38.08	31.77
250m:	2:31.49	31.32	650m:	6:43.49	31.52	1050m:	10:56.66	31.91	1450m:	15:08.98	30.90
300m:	3:02.93	31.44	700m:	7:15.16	31.67	1100m:	11:28.39	31.73	1500m:	15:38.79	29.81
350m:	3:34.16	31.23	750m:	7:46.79	31.63	1150m:	12:00.12	31.73			
400m:	4:05.49	31.33	800m:	8:18.53	31.74	1200m:	12:31.63	31.51			
5. Mark Moussa			AZ&PC		15:44.93		9002059		15:49.14 +0,91 C		
50m:	27.63	27.63	450m:	4:37.06	31.62	850m:	8:50.75	31.96	1250m:	13:08.49	32.39
100m:	57.92	30.29	500m:	5:08.56	31.50	900m:	9:22.85	32.10	1300m:	13:40.88	32.39
150m:	1:28.96	31.04	550m:	5:40.27	31.71	950m:	9:54.69	31.84	1350m:	14:13.25	32.37
200m:	2:00.21	31.25	600m:	6:11.92	31.65	1000m:	10:26.99	32.30	1400m:	14:45.55	32.30
250m:	2:31.44	31.23	650m:	6:43.60	31.68	1050m:	10:59.29	32.30	1450m:	15:17.96	32.41
300m:	3:02.69	31.25	700m:	7:15.30	31.70	1100m:	11:31.38	32.09	1500m:	15:49.14	31.18
350m:	3:34.05	31.36	750m:	7:46.94	31.64	1150m:	12:03.74	32.36			
400m:	4:05.44	31.39	800m:	8:18.79	31.85	1200m:	12:36.10	32.36			
6. Niek Pereboom			WVZ		16:25.63		9305395		16:01.88 +0,82 C		
50m:	28.04	28.04	450m:	4:40.52	31.60	850m:	8:58.72	32.30	1250m:	13:20.89	32.81
100m:	59.45	31.41	500m:	5:12.35	31.83	900m:	9:31.28	32.56	1300m:	13:53.78	32.89
150m:	1:30.97	31.52	550m:	5:44.30	31.95	950m:	10:04.17	32.89	1350m:	14:26.84	33.06
200m:	2:02.42	31.45	600m:	6:16.30	32.00	1000m:	10:36.70	32.53	1400m:	14:59.32	32.48
250m:	2:33.97	31.55	650m:	6:48.54	32.24	1050m:	11:09.41	32.71	1450m:	15:32.34	33.02
300m:	3:05.69	31.72	700m:	7:20.99	32.45	1100m:	11:42.02	32.61	1500m:	16:01.88	29.54
350m:	3:37.37	31.68	750m:	7:53.42	32.43	1150m:	12:14.94	32.92			
400m:	4:08.92	31.55	800m:	8:26.42	33.00	1200m:	12:48.08	33.14			
7. Marcel Schouten			ZV Haerlem		16:40.13		9300653		16:10.16 +0,77 C		
50m:	28.06	28.06	450m:	4:43.12	32.34	850m:	9:03.19	32.63	1250m:	13:26.42	32.83
100m:	58.96	30.90	500m:	5:15.25	32.13	900m:	9:36.05	32.86	1300m:	13:59.42	33.00
150m:	1:30.70	31.74	550m:	5:47.53	32.28	950m:	10:08.75	32.70	1350m:	14:32.39	32.97
200m:	2:02.40	31.70	600m:	6:19.75	32.22	1000m:	10:41.71	32.96	1400m:	15:05.25	32.86
250m:	2:34.44	32.04	650m:	6:52.52	32.77	1050m:	11:14.74	33.03	1450m:	15:38.13	32.88
300m:	3:06.51	32.07	700m:	7:25.08	32.56	1100m:	11:47.62	32.88	1500m:	16:10.16	32.03
350m:	3:38.55	32.04	750m:	7:57.81	32.73	1150m:	12:20.65	33.03			
400m:	4:10.78	32.23	800m:	8:30.56	32.75	1200m:	12:53.59	32.94			
8. Jens Bakker			E.ON-NZA		16:38.72		9300021		16:16.87 +0,79 C		
50m:	29.02	29.02	450m:	4:46.04	32.59	850m:	9:09.30	32.79	1250m:	13:32.82	32.78
100m:	1:00.21	31.19	500m:	5:18.93	32.89	900m:	9:42.06	32.76	1300m:	14:05.59	32.77
150m:	1:31.96	31.75	550m:	5:51.83	32.90	950m:	10:14.74	32.68	1350m:	14:38.48	32.89
200m:	2:04.02	32.06	600m:	6:24.35	32.52	1000m:	10:47.76	33.02	1400m:	15:11.68	33.20
250m:	2:36.15	32.13	650m:	6:57.29	32.94	1050m:	11:20.91	33.15	1450m:	15:44.86	33.18
300m:	3:08.31	32.16	700m:	7:30.74	33.45	1100m:	11:54.15	33.24	1500m:	16:16.87	32.01
350m:	3:40.78	32.47	750m:	8:03.85	33.11	1150m:	12:27.14	32.99			
400m:	4:13.45	32.67	800m:	8:36.51	32.66	1200m:	13:00.04	32.90			

B = inschrijving op basis van ranglijst  
onjuistheden?mail naar: [nkinschrijvingen@knzb.nl](mailto:nkinschrijvingen@knzb.nl)

Programmanr. 40, Heren, 1500m vrije slag, All-in

rang	naam	vereniging	intijd	tijd	RT	niv.		
9.	Lester Snackers	ZC Valkenburg	16:33.82	9400947	16:20.44	+0,80 C		
	50m: 27.86	27.86	450m: 4:45.75	32.34	850m: 9:08.34	32.99	1250m: 13:33.06	33.56
	100m: 58.94	31.08	500m: 5:18.41	32.66	900m: 9:41.17	32.83	1300m: 14:06.63	33.57
	150m: 1:31.04	32.10	550m: 5:51.18	32.77	950m: 10:14.05	32.88	1350m: 14:40.11	33.48
	200m: 2:03.55	32.51	600m: 6:23.93	32.75	1000m: 10:47.14	33.09	1400m: 15:13.90	33.79
	250m: 2:35.90	32.35	650m: 6:56.69	32.76	1050m: 11:19.88	32.74	1450m: 15:47.62	33.72
	300m: 3:08.28	32.38	700m: 7:29.28	32.59	1100m: 11:52.92	33.04	1500m: 16:20.44	32.82
	350m: 3:40.82	32.54	750m: 8:02.09	32.81	1150m: 12:26.10	33.18		
	400m: 4:13.41	32.59	800m: 8:35.35	33.26	1200m: 12:59.50	33.40		
10.	Vincent Moolhuijsen	Oceanus	16:40.92	9401215	16:22.47	+0,80 C		
	50m: 28.70	28.70	450m: 4:47.10	32.72	850m: 9:10.56	32.87	1250m: 13:36.57	33.29
	100m: 1:00.26	31.56	500m: 5:19.96	32.86	900m: 9:43.60	33.04	1300m: 14:09.92	33.35
	150m: 1:32.41	32.15	550m: 5:52.82	32.86	950m: 10:16.72	33.12	1350m: 14:43.11	33.19
	200m: 2:04.55	32.14	600m: 6:25.73	32.91	1000m: 10:49.99	33.27	1400m: 15:16.40	33.29
	250m: 2:36.97	32.42	650m: 6:58.71	32.98	1050m: 11:23.22	33.23	1450m: 15:49.50	33.10
	300m: 3:09.12	32.15	700m: 7:31.93	33.22	1100m: 11:56.57	33.35	1500m: 16:22.47	32.97
	350m: 3:41.58	32.46	750m: 8:04.74	32.81	1150m: 12:29.81	33.24		
	400m: 4:14.38	32.80	800m: 8:37.69	32.95	1200m: 13:03.28	33.47		
11.	Bart Dunweg	ZVVS	16:39.59	9301763	16:33.10	+0,75 D		
	50m: 29.22	29.22	450m: 4:54.15	33.83	850m: 9:24.69	32.35	1250m: 13:50.03	32.91
	100m: 1:01.17	31.95	500m: 5:27.78	33.63	900m: 9:58.10	33.41	1300m: 14:22.80	32.77
	150m: 1:34.49	33.32	550m: 6:01.53	33.75	950m: 10:31.23	33.13	1350m: 14:55.93	33.13
	200m: 2:07.29	32.80	600m: 6:35.67	34.14	1000m: 11:04.72	33.49	1400m: 15:29.19	33.26
	250m: 2:40.24	32.95	650m: 7:10.16	34.49	1050m: 11:38.42	33.70	1450m: 16:02.04	32.85
	300m: 3:13.49	33.25	700m: 7:44.63	34.47	1100m: 12:11.27	32.85	1500m: 16:33.10	31.06
	350m: 3:47.08	33.59	750m: 8:18.62	33.99	1150m: 12:44.04	32.77		
	400m: 4:20.32	33.24	800m: 8:52.34	33.72	1200m: 13:17.12	33.08		
12.	Ensgor Kotterink	Racing Club	16:49.61	9403391	16:37.08	+0,73 D		
	50m: 29.00	29.00	450m: 4:53.89	32.98	850m: 9:20.10	33.20	1250m: 13:49.68	33.58
	100m: 1:01.06	32.06	500m: 5:27.28	33.39	900m: 9:53.92	33.82	1300m: 14:23.53	33.85
	150m: 1:34.20	33.14	550m: 6:00.70	33.42	950m: 10:27.04	33.12	1350m: 14:57.46	33.93
	200m: 2:07.68	33.48	600m: 6:33.66	32.96	1000m: 11:00.78	33.74	1400m: 15:31.57	34.11
	250m: 2:40.98	33.30	650m: 7:06.80	33.14	1050m: 11:34.39	33.61	1450m: 16:04.83	33.26
	300m: 3:14.31	33.33	700m: 7:39.99	33.19	1100m: 12:08.38	33.99	1500m: 16:37.08	32.25
	350m: 3:47.40	33.09	750m: 8:13.37	33.38	1150m: 12:42.09	33.71		
	400m: 4:20.91	33.51	800m: 8:46.90	33.53	1200m: 13:16.10	34.01		
13.	Ruben Klinkers	Hellas-Glana	16:40.20	9403511	16:51.72	+0,73 E		
	50m: 29.06	29.06	450m: 4:52.80	33.65	850m: 9:25.79	34.27	1250m: 14:00.34	34.37
	100m: 1:01.01	31.95	500m: 5:26.74	33.94	900m: 10:00.21	34.42	1300m: 14:34.91	34.57
	150m: 1:33.74	32.73	550m: 6:00.46	33.72	950m: 10:34.75	34.54	1350m: 15:09.95	35.04
	200m: 2:06.62	32.88	600m: 6:34.50	34.04	1000m: 11:08.78	34.03	1400m: 15:44.60	34.65
	250m: 2:39.47	32.85	650m: 7:08.59	34.09	1050m: 11:42.93	34.15	1450m: 16:19.15	34.55
	300m: 3:12.50	33.03	700m: 7:42.87	34.28	1100m: 12:17.05	34.12	1500m: 16:51.72	32.57
	350m: 3:45.81	33.31	750m: 8:17.23	34.36	1150m: 12:51.36	34.31		
	400m: 4:19.15	33.34	800m: 8:51.52	34.29	1200m: 13:25.97	34.61		
14.	Jacco Doest	DWK	17:34.01	9400711	16:54.07	+0,92 E		
	50m: 28.84	28.84	450m: 4:56.61	33.74	850m: 9:30.92	33.97	1250m: 14:06.54	34.90
	100m: 1:01.85	33.01	500m: 5:30.74	34.13	900m: 10:04.84	33.92	1300m: 14:42.36	35.82
	150m: 1:35.16	33.31	550m: 6:05.04	34.30	950m: 10:39.05	34.21	1350m: 15:15.28	32.92
	200m: 2:08.96	33.80	600m: 6:39.04	34.00	1000m: 11:13.08	34.03	1400m: 15:49.21	33.93
	250m: 2:42.69	33.73	650m: 7:13.14	34.10	1050m: 11:47.59	34.51	1450m: 16:23.32	34.11
	300m: 3:15.84	33.15	700m: 7:47.75	34.61	1100m: 12:22.26	34.67	1500m: 16:54.07	30.75
	350m: 3:49.34	33.50	750m: 8:22.60	34.85	1150m: 12:57.04	34.78		
	400m: 4:22.87	33.53	800m: 8:56.95	34.35	1200m: 13:31.64	34.60		
15.	Giovanni den Ouden	De Devel	16:57.98	9300877	16:54.68	+0,80 E		
	50m: 29.05	29.05	450m: 4:57.33	33.47	850m: 9:30.42	33.59	1250m: 14:06.94	34.25
	100m: 1:01.36	32.31	500m: 5:31.47	34.14	900m: 10:04.99	34.57	1300m: 14:41.51	34.57
	150m: 1:34.60	33.24	550m: 6:05.62	34.15	950m: 10:39.75	34.76	1350m: 15:16.13	34.62
	200m: 2:08.18	33.58	600m: 6:40.28	34.66	1000m: 11:14.58	34.83	1400m: 15:50.42	34.29
	250m: 2:41.77	33.59	650m: 7:14.72	34.44	1050m: 11:48.67	34.09	1450m: 16:23.60	33.18
	300m: 3:15.88	34.11	700m: 7:49.18	34.46	1100m: 12:23.62	34.95	1500m: 16:54.68	31.08
	350m: 3:49.82	33.94	750m: 8:22.76	33.58	1150m: 12:58.12	34.50		
	400m: 4:23.86	34.04	800m: 8:56.83	34.07	1200m: 13:32.69	34.57		
16.	Willem Kees Roos	Orca	16:35.56	9402693	17:02.57	+0,86 E		
	50m: 28.81	28.81	450m: 4:54.91	34.33	850m: 9:30.20	34.40	1250m: 14:09.99	35.03
	100m: 1:00.32	31.51	500m: 5:29.47	34.56	900m: 10:05.04	34.84	1300m: 14:45.01	35.02
	150m: 1:32.87	32.55	550m: 6:03.72	34.25	950m: 10:39.88	34.84	1350m: 15:20.38	35.37
	200m: 2:06.08	33.21	600m: 6:37.97	34.25	1000m: 11:15.09	35.21	1400m: 15:55.27	34.89
	250m: 2:39.85	33.77	650m: 7:13.04	35.07	1050m: 11:50.01	34.92	1450m: 16:29.18	33.91
	300m: 3:13.25	33.40	700m: 7:46.92	33.88	1100m: 12:24.89	34.88	1500m: 17:02.57	33.39
	350m: 3:46.77	33.52	750m: 8:21.25	34.33	1150m: 12:59.74	34.85		
	400m: 4:20.58	33.81	800m: 8:55.80	34.55	1200m: 13:34.96	35.22		

Programmanr. 40, Heren, 1500m vrije slag, All-in

rang	naam	vereniging	intijd	tijd	RT	niv.		
17.	Date v.d. Zaag	EIFFEL Swimmers PSV	16:35.95	9403919	17:06.95	+0,78 E		
	50m: 30.04	30.04	450m: 4:55.06	33.50	850m: 9:30.37	35.21	1250m: 14:12.92	35.48
	100m: 1:02.74	32.70	500m: 5:28.56	33.50	900m: 10:05.15	34.78	1300m: 14:48.14	35.22
	150m: 1:35.54	32.80	550m: 6:02.61	34.05	950m: 10:40.66	35.51	1350m: 15:23.50	35.36
	200m: 2:08.54	33.00	600m: 6:36.79	34.18	1000m: 11:15.87	35.21	1400m: 15:58.45	34.95
	250m: 2:41.81	33.27	650m: 7:10.99	34.20	1050m: 11:51.52	35.65	1450m: 16:33.19	34.74
	300m: 3:14.89	33.08	700m: 7:45.52	34.53	1100m: 12:26.69	35.17	1500m: 17:06.95	33.76
	350m: 3:48.19	33.30	750m: 8:20.30	34.78	1150m: 13:01.99	35.30		
	400m: 4:21.56	33.37	800m: 8:55.16	34.86	1200m: 13:37.44	35.45		
18.	Pim Kienhuis	De Dinkel	17:13.80	9300263	17:07.86	+0,72 E		
	50m: 28.75	28.75	450m: 4:58.03	33.83	850m: 9:31.82	34.77	1250m: 14:11.99	35.96
	100m: 1:01.31	32.56	500m: 5:32.37	34.34	900m: 10:06.67	34.85	1300m: 14:47.17	35.18
	150m: 1:34.78	33.47	550m: 6:06.52	34.15	950m: 10:42.03	35.36	1350m: 15:21.81	34.64
	200m: 2:08.43	33.65	600m: 6:40.85	34.33	1000m: 11:17.79	35.76	1400m: 15:57.60	35.79
	250m: 2:41.77	33.34	650m: 7:14.38	33.53	1050m: 11:51.23	33.44	1450m: 16:33.71	36.11
	300m: 3:15.96	34.19	700m: 7:48.13	33.75	1100m: 12:25.40	34.17	1500m: 17:07.86	34.15
	350m: 3:50.12	34.16	750m: 8:22.54	34.41	1150m: 13:00.67	35.27		
	400m: 4:24.20	34.08	800m: 8:57.05	34.51	1200m: 13:36.03	35.36		
19.	Sonny Corré	Luctor et Emergo	16:41.21	9303615	17:25.25	+0,86		
	50m: 28.80	28.80	450m: 4:53.41	34.44	850m: 9:35.28	35.91	1250m: 14:26.75	36.32
	100m: 1:00.35	31.55	500m: 5:27.82	34.41	900m: 10:11.35	36.07	1300m: 15:03.03	36.28
	150m: 1:32.53	32.18	550m: 6:02.58	34.76	950m: 10:47.93	36.58	1350m: 15:39.20	36.17
	200m: 2:05.03	32.50	600m: 6:37.36	34.78	1000m: 11:24.31	36.38	1400m: 16:15.59	36.39
	250m: 2:37.70	32.67	650m: 7:12.30	34.94	1050m: 12:00.72	36.41	1450m: 16:50.87	35.28
	300m: 3:11.39	33.69	700m: 7:47.67	35.37	1100m: 12:36.47	35.75	1500m: 17:25.25	34.38
	350m: 3:45.11	33.72	750m: 8:23.34	35.67	1150m: 13:14.17	37.70		
	400m: 4:18.97	33.86	800m: 8:59.37	36.03	1200m: 13:50.43	36.26		
20.	Huib van Houwelingen	AZ&PC	17:26.32	9406019	17:47.42	+0,69		
	50m: 28.11	28.11	450m: 5:06.32	36.06	850m: 9:57.22	36.68	1250m: 14:47.12	36.38
	100m: 1:00.70	32.59	500m: 5:42.55	36.23	900m: 10:32.98	35.76	1300m: 15:23.92	36.80
	150m: 1:34.45	33.75	550m: 6:18.21	35.66	950m: 11:09.57	36.59	1350m: 16:00.69	36.77
	200m: 2:09.08	34.63	600m: 6:54.51	36.30	1000m: 11:45.74	36.17	1400m: 16:36.53	35.84
	250m: 2:43.78	34.70	650m: 7:31.31	36.80	1050m: 12:21.95	36.21	1450m: 17:12.45	35.92
	300m: 3:18.95	35.17	700m: 8:07.90	36.59	1100m: 12:57.71	35.76	1500m: 17:47.42	34.97
	350m: 3:54.57	35.62	750m: 8:43.77	35.87	1150m: 13:34.00	36.29		
	400m: 4:30.26	35.69	800m: 9:20.54	36.77	1200m: 14:10.74	36.74		

Programmanr. 41  
05-12-2010 - 12:14

Heren, 4 x 100m wisselslag

Senioren Open  
Resultaten

Wereld Record	3:19.16	RUS	RUS	St. Petersburg (RUS)	20-12-2009
Europees Record	3:19.16	RUS	RUS	St. Petersburg (RUS)	20-12-2009
Nederlands Record Senioren Ver.	3:32.78	De Dolfijn		Amsterdam	21-12-2008
Nederlands Record Jeugd Ver.	3:52.46	Eiffel Swimmers PSV		Amsterdam	21-12-2008

rang	vereniging	intijd	tijd	RT	niv.
1.	<b>De Dolfijn 1</b> <i>Ned. Record Senioren Verenigingen</i>	<b>3:29.25</b>	<b>3:32.67</b>		
	Bas van Velthoven	27.18	55.50	Joeri Verlinden	+0,39 23.66 51.04
	Lennart Stekelenburg	+0,14 27.14	58.60	Joost Reijns	+0,08 22.33 47.53
2.	<b>EIFFEL Swimmers PSV 1</b>	<b>3:37.97</b>	<b>3:33.39</b>		
	Bastiaan Lijesen	25.50	52.61	Jurjen Willemsen	+0,44 24.14 52.48
	Bram Dekker	+0,15 28.21	1:00.57	Pieter Timmers	+0,34 22.88 47.73
3.	<b>AZ&amp;PC 1</b>	<b>3:36.58</b>	<b>3:36.34</b>		
	Mike Marissen	27.39	55.89	Damien Bernard	+0,05 24.38 53.21
	Robin van Aggele	+0,14 26.70	58.58	Joran Barends	+0,22 22.95 48.66
4.	<b>DWK 1</b>	<b>3:46.87</b>	<b>3:45.60</b>		
	Jos de Graaf	27.95	57.47	Tim van Deutekom	+0,14 24.27 55.41
	Rutger Sloof	+0,36 29.42	1:03.31	Floor Verhaar	+0,28 23.40 49.41
5.	<b>De Dolfijn 3</b>	<b>3:52.07</b>	<b>3:48.43</b>		
	Henk van Nijenhuis	28.10	57.56	Stanley Vleerlaag	+0,27 26.23 56.82
	Simas Jarasunas	+0,17 29.00	1:02.84	Mark Costeris	+0,38 24.28 51.21
6.	<b>AZ&amp;PC 2</b>	<b>3:52.59</b>	<b>3:49.79</b>		
	Aziz Nosairi	28.47	59.12	Chris Bernard	+0,52 26.09 58.07
	Pieter Jan de Vries	+0,51 29.21	1:02.83	Geert Lantink	+0,45 24.07 49.77
7.	<b>MNC Dordrecht 1</b>	<b>3:55.15</b>	<b>3:52.61</b>		
	Mark Baars	29.29	59.92	Jeroen Baars	+0,45 26.52 57.75
	Niels van der Hoek	+0,35 30.18	1:05.32	Arjan van der Plaats	+0,46 23.87 49.62
8.	<b>De Dolfijn 2</b>	<b>3:48.02</b>	<b>3:54.44</b>		
	Ruben Dekker	28.51	58.22	Jens Bakker	+0,32 25.67 54.64
	Marlijn van Zundert	+0,51 30.31	1:06.36	Jan Batstra	+0,34 25.64 55.22
9.	<b>Orca 1</b>	<b>3:57.80</b>	<b>3:54.48</b>		
	Willem Kees Roos	30.10	1:00.98	Ramon Fredrik	+0,25 26.68 57.50
	Vincent van Iperen	+0,09 29.42	1:04.06	Michiel Punter	+0,42 24.12 51.94
10.	<b>DWK 2</b>	<b>3:52.98</b>	<b>3:54.85</b>		
	Merijn Ellenkamp	28.00	57.36	Joost Groeneveld	+0,46 25.71 55.93
	Jacko van der Meer	+0,64 31.96	1:08.70	Robin Bos	+0,39 24.99 52.86
11.	<b>WZ&amp;PC Purmerend 1</b>	<b>3:57.85</b>	<b>3:58.20</b>		
	Jeffrey Appel	28.93	59.41	Kevin Lebis	+0,40 26.28 58.27
	Bas Tietze	+0,12 30.61	1:05.97	Sverre Oelen	+0,17 25.63 54.55
12.	<b>De Dinkel 1</b>	<b>3:54.83</b>	<b>3:59.25</b>		
	Rense Loohuis	28.77	59.34	Menno Manning	+0,42 27.09 59.67
	Sjoerd Zanderink	+0,22 30.90	1:06.14	Jeroen Gijselaar	+0,39 25.94 54.10
13.	<b>Hellas-Glana 1</b>	<b>3:58.80</b>	<b>3:59.28</b>		
	Alan Smeets	29.13	1:00.11	Stan Tummers	+0,11 27.27 59.23
	Davy Verreussel	+0,25 30.72	1:05.46	Ruben Klinkers	+0,16 26.14 54.48
14.	<b>WVZ 1</b>	<b>3:57.87</b>	<b>3:59.54</b>		
	Philippe Rivard	29.24	1:01.11	Arjan Assink	+0,17 26.24 58.27
	Raymond van de Merwe	+0,44 31.60	1:07.17	Wouter Smeets	+0,14 25.13 52.99
15.	<b>Nuenen 1</b>	<b>3:58.42</b>	<b>3:59.86</b>		
	Sven Kardol	30.03	1:00.41	Maurice Soudant	+0,38 27.08 58.38
	Ruud van Heerbeek	+0,39 31.09	1:06.15	Wouter Sijmons	+0,30 26.17 54.92
16.	<b>De Columbiaan 1</b>	<b>3:53.15</b>	<b>4:08.54</b>		
	Jonathan Cassuto	29.84	1:01.65	Eduard Bremmer	+0,25 26.87 59.21
	Donald Hillebregt	+0,32 32.57	1:10.58	Arno Kamminga	+0,32 27.13 57.10
DIS	<b>AZ&amp;PC 3</b>	<b>3:59.73</b>	<b>4:09.08</b>		
	<i>SA - Na start en/of keerpunt niet met het hoofd het wateroppervlak doorbroken, voordat bij het wijdste gedeelte v.d. 2e armslag de handen naar b</i>				
	Marciano Lynch	30.44	1:02.29	Nick Hessing	+0,19 28.24 1:03.38
	Jelle Derksen	+0,34 30.83	1:07.81	Jeroen van den Bos	+0,11 26.00 55.60

B = inschrijving op basis van ranglijst  
onjuistheden?

mail naar: nkschrijvingen@knzb.nl





Programmanr. 42  
05-12-2010 - 12:24

Dames, 4 x 200m vrije slag

Senioren Open  
Resultaten

Wereld Record	7:38.90	NED	NED	Manchester (GBR)	09-04-2008
Europees Record	7:38.90	NED	NED	Manchester (GBR)	09-04-2008
Nederlands Record Senioren Ver.	7:58.93	Eiffel Swimmers PSV		Amsterdam	21-12-2008
Nederlands Record Jeugd Ver.	8:18.07	De Dinkel		Dordrecht	10-03-1991

rang	vereniging	intijd	tijd	RT	niv.
1.	EIFFEL Swimmers PSV 1	<b>8:09.85</b>	<b>8:03.83</b>	<b>+0,71</b>	
	Maud van de Meer	92 +0,71	28.00 58.26 1:29.46 2:01.34	2:01.34	
	Marieke Nijhuis	92 +0,50	28.64 59.68 1:31.08 2:01.81	2:01.81	
	Clarissa van Rheenen	91 +0,30	27.95 58.79 1:30.61 2:02.34	2:02.34	
	Wendy vd Zanden	88 +0,21	27.08 57.25 1:27.75 1:58.34	1:58.34	
2.	AZ&PC 1	<b>8:10.49</b>	<b>8:05.87</b>	<b>+0,85</b>	
	Lotte Wilms	84 +0,85	28.84 1:00.52 1:32.30 2:03.67	2:03.67	
	Lieke Verouden	90 +0,47	28.23 59.07 1:30.31 2:00.73	2:00.73	
	Rieneke Terink	84 +0,28	26.57 56.37 1:26.57 1:56.32	1:56.32	
	Ilse van Hoor	90 +0,37	28.42 59.52 1:31.83 2:05.15	2:05.15	
3.	De Dolfijn 1	<b>8:11.40</b>	<b>8:11.57</b>	<b>+0,80</b>	
	Lona Kroese	87 +0,80	27.76 57.74 1:28.40 2:00.27	2:00.27	
	Anja van der Hout	90 +0,33	29.04 1:01.06 1:33.12 2:05.18	2:05.18	
	Kira Toussaint	94 +0,53	28.09 59.41 1:31.83 2:04.63	2:04.63	
	Willemijn Knot	90 +0,27	27.61 58.54 1:30.13 2:01.49	2:01.49	
4.	De Dolfijn 2	<b>8:14.87</b>	<b>8:28.12</b>	<b>+0,77</b>	
	Esmee Vermeulen	96 +0,77	28.70 59.76 1:30.31 2:01.02	2:01.02	
	Anouk Elzerman	90 +0,52	29.10 1:01.76 1:35.39 2:09.39	2:09.39	
	Lia Dekker	87 +0,17	28.57 1:00.46 1:34.49 2:09.08	2:09.08	
	Silke Oude Weemink	90 +0,40	28.73 1:01.58 1:35.22 2:08.63	2:08.63	
5.	Orca 1	<b>8:36.75</b>	<b>8:34.57</b>	<b>+0,78</b>	
	Cynthia Verkaik	96 +0,78	29.48 1:02.43 1:36.07 2:09.39	2:09.39	
	Annemarie Worst	95 +0,42	29.44 1:02.05 1:36.25 2:10.24	2:10.24	
	Evelien van Ruiten	96 +0,36	30.00 1:03.39 1:37.27 2:10.57	2:10.57	
	Femke Leenstra	95 +0,23	28.06 59.88 1:32.24 2:04.37	2:04.37	
6.	AZ&PC 2	<b>8:37.91</b>	<b>8:42.59</b>	<b>+0,82</b>	
	Iris Pijtak	93 +0,82	29.91 1:02.73 1:35.92 2:09.11	2:09.11	
	Kelly de Jong	91 +0,26	28.37 1:00.89 1:34.58 2:08.32	2:08.32	
	Claire de Winter	94 +0,21	29.53 1:03.68 1:38.87 2:14.34	2:14.34	
	Loes Zanderink	88 +0,27	29.08 1:02.21 1:36.37 2:10.82	2:10.82	
7.	AZ&PC 3	<b>8:49.99</b>	<b>8:45.67</b>	<b>+0,86</b>	
	Shireen Post	95 +0,86	30.15 1:02.98 1:36.67 2:10.44	2:10.44	
	Milou Schraverus	95 +0,12	29.62 1:02.58 1:36.62 2:11.36	2:11.36	
	Rachelle Visser	95 +0,36	29.69 1:03.25 1:38.00 2:12.58	2:12.58	
	Lynn Dybiona	95 +0,28	30.43 1:04.06 1:38.50 2:11.29	2:11.29	
8.	WVZ 1	<b>8:42.75</b>	<b>8:47.00</b>	<b>+0,83</b>	
	Géke Heinsbroek	93 +0,83	29.66 1:02.45 1:36.17 2:09.72	2:09.72	
	Carina Klees	96 +0,62	29.75 1:03.22 1:37.64 2:11.66	2:11.66	
	Elisabeth Rivard	96 +0,30	30.47 1:04.78 1:40.05 2:15.55	2:15.55	
	Merle Verkijk	94 +0,61	29.87 1:02.33 1:36.04 2:10.07	2:10.07	
9.	De Dinkel 1	<b>8:42.79</b>	<b>8:59.27</b>	<b>+0,82</b>	
	Noortje Timmerman	95 +0,82	30.60 1:05.11 1:41.21 2:17.11	2:17.11	
	Kimberly Ribberink	95 +0,11	29.44 1:04.09 1:39.60 2:13.74	2:13.74	
	Lonne Dijkhuis	94 +0,71	31.47 1:06.01 1:41.93 2:17.21	2:17.21	
	Loes Westerhof	95 +0,60	28.45 1:01.56 1:36.04 2:11.21	2:11.21	
10.	DAW 1	<b>8:49.22</b>	<b>9:05.03</b>	<b>+0,75</b>	
	Melissa Zwaan	91 +0,75	29.82 1:03.57 1:37.80 2:12.38	2:12.38	
	Tess de Boer	96 +0,18	31.82 1:09.05 1:47.35 2:26.00	2:26.00	
	Sharona Mlcoch	94 +0,36	29.65 1:03.28 1:38.33 2:12.65	2:12.65	
	Brenda Zwarthoed	96 +0,31	29.17 1:03.28 1:39.34 2:14.00	2:14.00	